



# and INCLUSION IN THE OUTDOORS

"Our focus is on expanding the conversation beyond adaptive sports and wheelchair accessibility. That has dominated the outdoor disability space, and it excludes the vast majority of disabled folks."

**Syren Nagakyrie, Disabled Hikers**

"People of color are far less likely to engage in **outdoor** recreation, largely due to historic discrimination."

**Emma Gosalvez, NCSU**

"When I think of the outdoors and who the media/industry show as '**outdoorsy people**,' I never see myself or my friends reflected back."

**Carlos Bermudez**



## ***DISABLED ORGANIZATIONS***

[Luke 5 Adventures](#)

[Outdoors For All](#)

[Disabled Hikers](#)

[Adaptive Adventure](#)

[Outdoors Without Limits](#)

[Move United Sports](#)

## ***LGBTQ ORGANIZATIONS***

[LGBT Outdoors](#)

[Venture Out Project](#)

[Wild Diversity](#)

[Queer Nature](#)

[OUT There Adventures](#)

[OutVentures](#)

## ***BODY TYPE ORGANIZATIONS***

[Curvy Girls Hiking](#)

[Fat Girls Hiking](#)



***AFRICAN AMERICAN ORGANIZATIONS***

Adventure Central at Wesleyan MetroPark

Adventure Crew

Black Girls Do Bike

GirlTrek.com

Major Taylor Dayton Cycling Club

The Vibe Outside

Central Ohio Alpine Ski Group,

BUGS - black urban gardeners

Black Women Who Love Gardening

Black Women Who Love Plants

***ASIAN ORGANIZATIONS***

Outdoor Asian

***INDIGENOUS ORGANIZATIONS***

Indigenous Women Hike

Native Womens Wilderness

Natives Outdoors

***LATINX ORGANIZATIONS***

@hikeclerb

LatinX Hikers

Latino Outdoors



## **ARTICLES & RESOURCES**

***Nature Gap: Why Outdoor Spaces Lack Diversity and Inclusion***

***These 5 Organizations Are Working To Make The Great Outdoors More Inclusive***

***Five Ways To Make The Outdoors More Inclusive***

***Outdoor Industry CEO Pledge***

***How To Be An Ally In The Outdoors***

***Racism In The Outdoors***

***Black Faces, White Spaces: Reimagining the Relationship of African Americans to the Great Outdoors - Dr. Carolyn Finney***

***Engage, Connect, Protect: Empowering Diverse Youth as Environmental Leaders - Angelou Ezeilo, J.D.***

***Asian-Pacific Islanders reclaim their outdoor roots***



**ARTICLES & RESOURCES**

***6 LGBTQ Outdoor Organizations Helping Make The Outdoors Inclusive***

***LGBTQ+ Adventurers Are All About Getting Out in the Woods***

***LGBTQ+ Adventurers, In Their Own Words***

***Curvy Girls Hiking Is the Fitness Fad I Can Get Behind***

***Ohio Accessible State Parks***

***Enjoying the Great Outdoors With a Physical Disability***

***A New Adventure Guide for People with Disabilities***

***Why Good Disabled Access Outdoors Doesn't Simply Mean Paved Trails***

***Eco-Ableism: What It Is, Why It Matters and How It Affects Disabled People***